



# FAITH

Trust in the Lord with all your heart and lean not on  
your own understanding.

**Proverbs 3:5 (NIV)**

Have you ever jumped into the pool and trusted that someone would catch you? You couldn't see everything clearly while flying through the air, but you believed they were there. That's a little like faith. Faith means trusting God even when we can't see everything clearly. It's believing that God is real, that He loves us, and that He will keep His promises—no matter what. Faith is like holding God's hand and walking forward, even when the path ahead looks a little scary or uncertain. We can't see God with our eyes, but we can trust He's with us. Just like we trust someone to catch us, we can trust Jesus to hold us, guide us, and never let us go. Faith doesn't mean we'll always have all the answers. It means we believe in God's love, even when life is confusing. And the more we trust Him, the more our faith grows strong! The Bible tells us in Hebrews 11:1, "Faith is being sure of what we hope for and certain of what we do not see." That means even when we don't know what will happen next, we can still believe that God is good and He's in control.

**Extra Verses: 2 Corinthians 5:7, Hebrews 11:1, Romans 10:17**