

## SCRIPTURE

---

### PRIMARY TEXT:

Psalm 147:3

### SUPPLEMENTAL TEXT:

Matthew 11:28; John 15:1-8; Romans 8:6; Romans 12:2; Philippians 4:6

## OBSERVATION AND APPLICATIONS

---

- Read Philippians 4:6
  - What are you anxious about in this moment?
  - How will you present this to God “with thanksgiving?”

---

---

---

---

- Read Romans 12:2.
  - What patterns of the world have formed or are forming your mindset?
  - Are you willing to allow the Holy Spirit to renew, reeducate, and redirect your mind so that it may be transformed?

---

---

---

---

- Read John 15:1-8.
  - Abide - to “dwell,” “remain,” “be present,” and to “be held and kept.”
  - We are all “abiding” in something. What are you “abiding” in?

---

---

---

---

- Read Psalm 147: 3
  - God’s greatest joy comes from our genuine worship and trust. Are you trusting Him with your wounds? Are you trusting Him with the things that have hurt you and left you broken?

---

---

---

---

## PRAYER

---

Jesus, I come into your presence now, and I ask You to surround me. I come under your authority and your promises from scripture. I give myself to You—mind and body. I give my heart to You, in every way—including the broken places in me that I might not even realize exist. Begin the work of transforming my mind. Heal my heart where it is broken. Where am I wounded? Will You meet me there? Amen.

- If you are feeling **overwhelmed and desperate**, read Psalm 142 as a prayer back to God.
- If you are feeling **hopeless and depressed**, read Psalm 143 as a prayer back to God.

## RESOURCES

---

 [Wild at Heart by John Eldridge](#)

 [Practicing the Way by John Mark Comer](#)

### SCRIPTURE

Write which passage of scripture you are reading.

---

---

### OBSERVATION

What is this text saying? What is the context? How does it fit with the verses before and after it? Are there any commands or instructions?

---

---

---

---

---

### APPLICATION

How can you apply this verse to your life? What does this mean today? What is God saying to you?

---

---

---

---

---

### PRAYER

Respond to the passage in prayer. Ask God to help you apply this truth to your life and spend some time listening to what He may be telling you.

---

---

---

---