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## SCRIPTURE

### PRIMARY TEXT:

Philippians 4:4-9

### SUPPLEMENTAL TEXT:

Galatians 5:13-26

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## OBSERVATION AND APPLICATIONS

- In Philippians 4:4, Paul encourages the Philippians to rejoice in the Lord always. How does rejoicing in the Lord cultivate patience in our lives?

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- Philippians 4:6 instructs us not to be anxious but to pray about everything. How does prayer lead to greater patience in our daily lives?

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- Paul says in Philippians 4:7 that God's peace will guard our hearts and minds. What role does peace play in developing patience?

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- In Philippians 4:8, Paul urges us to focus on things that are true, noble, right, and praiseworthy. How does what we choose to focus on affect our patience?

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- Philippians 4:9 tells us to put into practice what we've learned. What are some practical ways you can practice patience in your current season of life?

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## PRAYER

Father, we ask for your peace that surpasses all understanding. Show us what is standing in the way of that. Amen.

### SCRIPTURE

Write which passage of scripture you are reading.

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### OBSERVATION

What is this text saying? What is the context? How does it fit with the verses before and after it? Are there any commands or instructions?

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### APPLICATION

How can you apply this verse to your life? What does this mean today? What is God saying to you?

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### PRAYER

Respond to the passage in prayer. Ask God to help you apply this truth to your life and spend some time listening to what He may be telling you.

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